

Silent Addiction - The Reality Behind Gambling Worksheet For Tutor

There are increasing numbers of students and people in society generally finding themselves with a Gambling problem, addiction is by its nature a destructive force and gambling is no different, it first convinces the person to isolate rather than talk and then encourages the victim to break their own rules of behaviour, it leads to many negative consequences not just financial. Many men in this situation are left with suicide as being the only option.

1. How do you think given Paul's story he could have been a bit more aware that what he was doing and how he was behaving was getting to be a problem.

The idea that he was deluding himself and convincing himself it was a good thing to do but as they isolated themselves their reality was their own.

2. Can you think of any examples of people that you know behaving in such a way that you might suspect they have an addiction issue. How does Richard say he knew when it had become a problem?

Being dishonest, untrustworthy, not sticking to their word are really critical signs. Richard says he knew when he simply could not stop.

3. What is addiction?, Paul relates to his problem as an actual illness, do you agree?

Addiction is being thought of more and more by the medical world, it is considered a mental illness and like an illness if left untreated, discuss how they might treat this as opposed to traditional physical illnesses.

4. If a close friend of yours has spent the money they were going to use for you to go and do something together on gambling and go on to make another excuse, like they didn't want to go anyway, how would you handle that situation.

Ideas of setting boundaries and putting consequences in place for people can help make them realise that what they are doing is wrong and damaging their relationships.

5. If Paul and Richard knew they would probably lose their money, why were they so desperate to keep on gambling?

In the early days they say it was fun, it then becomes unconscious and something they can't control, its at that point it becomes a real problem because with this change comes the denial and dishonesty.